



Seksie A Atletiekbyeenkoms / Section A Athletics Meeting
03 Februarie 2024 / 03 February 2024



ITEM NO. / EVENT NO.	TYD / TIME	ITEM / EVENT	OUDERDOM / AGE
1	08:00	1500m Stap / Walk	D/G 13
2	08:12	1 500m Stap / Walk	S/B 13
3	08:10	Spiesgooi / Javelin	D/G 12
4	08:10	Werpskyf / Discus	S/B/ 12
5	08:10	Verspring A / Long Jump A	D/G 11
6	08:10	Verspring B / Long Jump B	S/B 11
7	08:10	Hoogspring A / High Jump A	D/G 13
8	08:10	Hoogspring B / High Jump B	S/B 13
9	08:10	Gewigstoot A / Shot Put A	D/G 10
10	08:10	Gewigstoot B / Shot Put B	S/B 10
11	08:25	200m hekkies / hurdles	D/G 13
12	08:31	200m hekkies / hurdles	S/B 13
13	08:39	150m hekkies / hurdles	D/G 12
14	08:45	150m hekkies / hurdles	S/B 12
15	08:55	70m hekkies / hurdles	D/G 10
16	09:01	70m hekkies / hurdles	S/B 10
17	09:07	70m hekkies / hurdles	D/G 11
18	09:15	70m hekkies / hurdles	S/B 11
19	09:20	Verspring A / Long Jump A	D/G 12
20	09:20	Verspring B / Long Jump B	S/B 12
21	09:20	Hoogspring A / High Jump A	D/G 9
22	09:20	Hoogspring B / High Jump B	S/B 9
23	09:20	Gewigstoot A / Shot Put A	D/G 13
24	09:20	Gewigstoot B / Shot Put B	S/B 13
25	09:25	75m hekkies / hurdles	D/G/12
26	09:35	75m hekkies / hurdles	S/B 12
27	09:41	75m hekkies / hurdles	D/G 13
28	09:51	80m hekkies / hurdles	S/B 13
29	09:57	60m	D/G 9
30	10:01	60m	S/B 9
31	10:04	60m	D/G 7
32	10:08	60m	S/B 7
33	10:12	60m	D/G 8
34	10:16	60m	S/B 8
35	10:20	Spiesgooi / Javelin	S/B 12
36	10:20	Werpskyf / Discus	D/G 12
37	10:20	Verspring A / Long Jump A	D/G 9
38	10:20	Verspring B / Long Jump B	S/B 9
39	10:20	Hoogspring A / High Jump A	D/G 12
40	10:20	Hoogspring B / High Jump B	S/B 12
41	10:20	Gewigstoot A / Shot Put A	D/G 11
42	10:20	Gewigstoot B / Shot Put B	S/B 11
43	10:25	1 500m	D/G 13
44	10:32	1 500m	S/B 13
45	10:38	1 200m	D/G 10
46	10:44	1 200m	S/B 10
47	10:50	1 200m	D/G 12
48	10:56	1 200m	S/B 12
49	11:02	1 200m	D/G 11
50	11:08	1 200m	S/B 11

51	11:14	1 200m	D/G 9
52	11:20	1 200m	S/B 9
53	11:20	Spiesgooi / Javelin	D/G 13
54	11:20	Werpskyf / Discus	S/B 13
55	11:20	Verspring A / Long Jump A	D/G 13
56	11:20	Verspring B / Long Jump B	S/B 13
57	11:20	Hoogspring A / High Jump A	D/G 10
58	11:20	Hoogspring B / High Jump B	S/B 10
59	11:20	Gewigstoot A / Shot Put A	D/G 12
60	11:20	Gewigstoot B / Shot Put B	S/B 12
61	11:24	800m	D/G 8
62	11:28	800m	S/B 8
63	11:35	100m	D/G 13
64	11:39	100m	S/B 13
65	11:43	100m	D/G 12
66	11:47	100m	S/B 12
67	11:52	80m	D/G 11
68	11:56	80m	S/B 11
69	12:00	80m	D/G 10
70	12:04	80m	S/B 10
71	12:08	80m	D/G 9
72	12:12	80m	S/B 9
73	12:20	Spiesgooi / Javelin	S/B 13
74	12:20	Werpskyf / Discus	D/G 13
75	12:20	Verspring A / Long Jump A	D/G 10
76	12:20	Verspring B / Long Jump B	S/B 10
77	12:20	Hoogspring A / High Jump A	D/G 11
78	12:20	Hoogspring B / High Jump B	S/B 11
79	12:20	800m	D/G 13
80	12:24	800m	S/B 13
81	12:35	80m	D/G 7
82	12:39	80m	S/B 7
83	12:42	80m	D/G 8
84	12:46	80m	S/B 8
85	12:50	100m	D/G 10
86	12:54	100m	S/B 10
87	12:58	100m	D/G 11
88	13:02	100m	S/B 11
89	13:10	150m	D/G 12
90	12:16	150m	S/B 12
91	13:20	200m	D/G 13
92	13:25	200m	S/B 13



Hoop u geniet die dag !!!

Hope you enjoy the day !!!

